

University Core Curriculum and General Education Requirements

Core Faculty

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University Core Curriculum

The University Core and General Education curricula are designed to provide an academic foundation for work toward the major field of study and should be completed as early as possible. All freshmen are required to take the University Core Curriculum at Samford (22 credits). It is recommended that students be registered for Cultural Perspectives I (UCCP 101) in their first semester. They should also register for Communication Arts I (UCCA 101) or Communication Arts II (UCCA 102), depending on their placement. Students should consult their academic advisors for recommended scheduling.

| University Core Curriculum* Required Courses | | Course Credits | Total Required Credits |
|---|--------------------------------|----------------|------------------------|
| UCBP 101 | Biblical Perspectives | 4 | |
| UCCA 101 | Communication Arts I** | 4 | |
| UCCA 102 | Communication Arts II | 4 | |
| UCCP 101 | Cultural Perspectives I | 4 | |
| UCCP 102 | Cultural Perspectives II | 4 | |
| UCFH 120 | Concepts of Fitness and Health | 2 | |
| Total Required Credits | | | 18-22 |

* Core curriculum requirements cannot be met through transient enrollment.

** Placement into UCCA 102, bypassing the requirement to complete UCCA 101, does not exempt students from the minimum number of hours required for their chosen degree program (usually 128). These students may need to complete an additional four hours of a General Elective.

University Core Curriculum Courses

UCBP 101 Biblical Perspectives (4)

Examination of historical context and religious teachings of Hebrew and Christian Scriptures. Cultivation of critical competencies necessary for the academic study of traditional texts. Course objectives include an understanding of the historical context in which the Bible took shape; appreciation of the development of religious thought within the biblical period; examination of how biblical teachings have been and are interpreted and applied; and study of the Bible, using a variety of modern critical methods.

UCCA 101 Communication Arts I (4)

Introductory course in communication, emphasizing guided practice in speaking, listening, reading, and writing. Students gain proficiency in the use of library resources and in foundational computing skills. Students must write a minimum of four essays that are revised through multiple drafts and carefully edited before submission. They also must make at least three oral presentations during the course. Students must pass this course with a grade of C- or better to advance to UCCA 102.

UCCA 102 Communication Arts II (4)

Continuation of UCCA 101 with additional guided practice in speaking, listening, reading, and writing. Special emphasis placed on research-based writing and argumentation. Students must write a minimum of four essays that are revised through multiple drafts and carefully edited before submission. They also must make at least three oral presentations during the course. Prereq: Grade of C- or better in UCCA 101. Students must pass this course with a grade of C- or better.

UCCP 101 Cultural Perspectives I (4)

First in a two-semester sequence that examines the Western intellectual tradition within a global context. Through interdisciplinary study, students increase their awareness of the cultural, historical, literary, philosophical, and religious influences upon the development of civilizations.

UCCP 102 Cultural Perspectives II (4)

Second in a two-semester sequence that examines the Western intellectual tradition within a global context. Through interdisciplinary study, students increase their awareness of the cultural, historical, literary, philosophical, and religious influences upon the development of civilizations.

UCFH 120 Concepts of Fitness and Health (2)

Physical fitness course, with emphasis on exercises that develop cardiorespiratory, muscular, and flexibility fitness. All aspects of fitness, such as principles of aerobic fitness, nutrition, flexibility, strength training, common fitness injuries, and weight control and body composition are discussed and applied. Students with physical disabilities may consult the ESSM department chair for special consideration.

University Fellows Note: University Fellows students follow a unique core curriculum, but adhere to the general education requirements of the various degree programs, as necessary. See p. 50 for more information.

Study Abroad Note: Courses in London and other international settings may meet general education requirements for humanities, social science, and natural and computational science, subject to approval by the department chair of the course equivalent.

General Education Requirements

The table below is the standard general education curriculum for Samford students and as such, is part of most degree programs offered. However, some schools, departments, degrees, majors, or minors may require variations to this standard. Please consult those department sections to see details on how general education variations may apply. See table footnotes for additional information.

| General Education Required Courses | | Course Credits | Total Required Credits |
|---|---|----------------|------------------------|
| Natural & Computational Sciences (select two courses) | | | 8 |
| BIOL 105 | Principles of Biology | 4 | |
| BIOL 107 | Contemporary Biology | 4 | |
| BIOL 110 | Human Biology | 4 | |
| BIOL 111 | Animal Biology | 4 | |
| BIOL 112 | Plant Biology | 4 | |
| CHEM 108/109 | General, Organic, & Biological Chem w/Lab | 4 | |
| CHEM 205/206 | Foundations of Chemistry w/Lab | 5 | |
| COSC 107 | Introduction to Computer Science | 4 | |
| GEOG 150 | Physical Geography | 4 | |
| IDSC 201 | Scientific Methods | 4 | |
| PHYS 100 | Physics for Society | 4 | |
| PHYS 101 | General Physics I | 4 | |
| PHYS 102 | General Physics II | 4 | |
| PHYS 150 | Introduction to Astronomy | 4 | |
| PHYS 203 | Physics I | 5 | |
| PHYS 204 | Physics II | 5 | |
| PHYS 206 | Sound and Music | 4 | |
| Social Science (select one course outside your major) | | | 4 |
| COMS 205 | Intercultural Communication | 4 | |
| ECON 201 | Principles of Macroeconomics | 4 | |
| GEOG 101 | Global Geography | 4 | |
| INTL 360 | British Heritage and Culture | 4 | |
| JMC 200 | Mass Media and Society | 4 | |
| POLS 200 | Introduction to Political Science | 4 | |
| PSYC 101 | General Psychology | 4 | |
| SOCI 100 | Introduction to Sociology | 4 | |
| SOCI 101 | Introduction to Cultural Anthropology | 4 | |
| Mathematics (select one course) | | | 4 |
| MATH 110 | Contemporary Mathematics | 4 | |
| MATH 150 | Precalculus | 4 | |
| MATH 210 | Elementary Statistics | 4 | |
| MATH 240 | Calculus I | 4 | |
| Any other math course above 240 for students who demonstrate competency at the Calculus I level. | | 4 | |
| Languages (Biblical, Classical, & World)* For students without language proficiency, the normal sequence is: | | | 4* |
| FREN, GER, GREK, HEBR, LATN, or SPAN 101 & 102 | | (8) | |
| FREN, GER, GREK, HEBR, LATN, or SPAN 201 | | (4) | |
| FREN, GER, GREK, HEBR, LATN, or SPAN 202 (or higher) | | 4 | |
| Fine Arts (select two courses)** | | | 4 |
| ART 200 | Art Appreciation | 2 | |
| MUSC 200 | Music Appreciation | 2 | |
| THEA 200 | Theatre Appreciation | 2 | |
| Humanities (select one course outside your major) | | | 4 |
| CLAS 200 | Rediscovery of the Classical World | 4 | |
| ENGL 205 | Fiction and Film | 4 | |
| HIST 200 | The West in Global Perspective | 4 | |
| INTL 360 | British Heritage and Culture | 4 | |
| LAST 201 | Latin American Studies | 4 | |
| PHIL 241 | Introduction to Philosophy | 4 | |
| RELG/PHIL 200 | Christian Ethics | 4 | |
| RELG 201 | Introduction to World Religions | 4 | |
| RELG 221 | Christian Theology | 4 | |
| Physical Activity*** | | | 2 |
| Total Required Credits | | | 30 |

* **Language Requirement:** A placement exam alone cannot satisfy this requirement for most majors (see Exceptions). For more info, see the World Languages and Cultures section (p. 113).
Language Credits: Four (4) credits of language are required (202 or higher for most programs; 102 or higher for selected programs). However, many students will complete up to 16 language credits. These additional credits will be applied to the General Electives block of the student's program, if applicable.
Greek/Hebrew: One year of Greek, plus one year of Hebrew, may be taken in lieu of two years in the same language.

Exceptions: Students in the School of Business and in selected programs in the School of Education are exempt from completion of a 4-credit language course if placement scores are sufficient.

** INTL 202 satisfies the entire fine arts requirement. **Other acceptable substitutions:** For ART 200 (ART301, 381, 382, 383, or INTL 201); for MUSC 200 (INTL 201); for THEA 200 (INTL 200). Theatre minors majoring in fields outside the School of the Arts may substitute THEA 101 & 102 for THEA 200.

*** Select two different 1-credit, fitness-based activity courses (see p. 185 for a list of applicable courses); one of the two MUST be a non-varsity activity. If PHED 138 is passed, successful completion of UCFH 120 satisfies this requirement. **Other acceptable substitutions for one PE credit:** One semester of ROTC, marching band (MUSC 1739 or 3739), or dance (DANC 100, 101, 102, 201, 202, 211, 212, 301, or 302).

PHYSICAL ACTIVITY PROGRAM

Students enrolled in the Air Force ROTC program or veterans who have active duty service may substitute that experience for all or part of their physical activity requirement. One semester of ROTC can substitute for one (1 credit) activity course requirement, up to a maximum of two credits. This does not include UCFH 120. See the ESSM department chair for details. Students with physical disabilities may consult the ESSM department chair for special consideration.

Students may select any combination of one-credit courses to complete their requirement, however, one MUST be a non-varsity physical activity. An activity course may not be taken twice to fulfill this requirement. If PHED 138 (Water Safety Instructor Course, 2 credits) is passed, the successful completion of UCFH 120 will fulfill the student's physical activity requirement. Varsity athletes may substitute only one varsity sport for one activity course requirement. Students in the Marching Band may substitute MUSC 1739 or MUSC 3739 for one activity course requirement. Students completing DANC 100, 101, 102, 201, 202, 211, 212, 301, or 302 may substitute one of those dance courses for only one physical activity credit. This does not include UCFH 120.

- PHED 101 Outdoor Adventure (1)
- PHED 102 Softball (1)
- PHED 103 Flying Disc Sports (1)
- PHED 104 Aqua Aerobics (1)
- PHED 105 Beginner/Intermediate Golf (1)
- PHED 106 Tennis (1)
- PHED 107 Fitness Walking (1)
- PHED 108 Fitness Running (1)
- PHED 109 Strength Training-Physical Conditioning (1)
- PHED 110 Personal Fitness (1)
- PHED 111 Scuba (1)
- PHED 112 Basketball (1)
- PHED 113 Racquetball-Badminton (1)
- PHED 114 Aerobics (1)
- PHED 115 Volleyball-Wallyball (1)
- PHED 116 Snow Skiing (1)
- PHED 117 Beginning Social Dance-Women (1)
- PHED 118 Beginning Social Dance-Men (1)
- PHED 119 Karate (1)
- PHED 120 Fitness Swimming (1)
- PHED 121 Jazz/Tap for Fitness (1)
- PHED 122 Spin® Cycling (1)
- PHED 123 Kayaking (1)
- PHED 124 Dance for Fitness (1)
- PHED 125 Varsity Track and Field (1)
- PHED 126 Varsity Cheerleading (1)
- PHED 127 Yoga (1)
- PHED 128 Varsity Tennis (1)
- PHED 129 Varsity Golf (1)
- PHED 130 Varsity Basketball (Men) (1)
- PHED 131 Soccer (1)
- PHED 132 Lacrosse (1)
- PHED 133 Beginning Swimming (1)
- PHED 134 Intermediate Swimming (1)
- PHED 135 Synchronized Swimming (1)
- PHED 136 Fencing (1)
- PHED 137 Lifeguard Training (1)
- PHED 138 Water Safety Instructor Course (2)
(Prereq: Advanced swimming skills)
- PHED 139 Pilates (1)
- PHED 140 Special Physical Activity (1)
- PHED 147 Varsity Volleyball-Women (1)
- PHED 148 Varsity Baseball (1)
- PHED 149 Varsity Soccer-Women (1)
- PHED 150 Varsity Basketball-Women (1)
- PHED 151 Varsity Football (1)
- PHED 152 Varsity Softball-Women (1)
- PHED 153 Varsity Cross Country (1)

Family Studies

Faculty

Kristie B. Chandler, Chair, Assistant Professor
Clara E. Gerhardt, Professor
Jonathan C. Davis, Associate Professor

Undergraduate Programs and Requirements

Majors

Family Studies
Family Studies with a Concentration in Child Development Education

Minor

Family Studies

Family studies is the study of how individuals grow and develop across the life cycle—particularly in the context of personal, marital, and family relationships. Family studies courses expose students to both practical and theoretical content in areas such as dating and relationship formation, marital relationships, human sexuality, parenting, families and society, lifespan development, gender roles, and multicultural perspectives. The philosophy and broad principles required to plan, implement, and evaluate educational programs designed to optimize family functioning, represent some of the specialized skills of the Family Life Educator.

This discipline concerns the study of an individual's physical, emotional, social, cognitive, and spiritual development from birth through adulthood and how that individual development impacts the family unit. It studies family dynamics from a systemic, developmental framework. The societal issues confronting families, including family law and family economics, are examined. The theories and research which attempt to explain and predict family functioning from an individual and societal perspective are emphasized.

Mission Statement

To promote and support healthy family life, to teach and to learn about family life in its diversity, as families are the fabric of society.

Certification

The family studies major recognizes the crucial role of families in society. The family studies curriculum focuses on personal relationships and their connection to and impact on human living and development. Since 1999 the family studies curriculum has met the requirements for the Provisional Certified Family Life Educator (CFLE) designation awarded by the National Council on Family Relations (NCFR; www.ncfr.org).

Degree Programs

The Department of Family Studies (FAMS) offers a major in family studies culminating in a bachelor of arts (B.A.) degree.

For students interested in obtaining a master of science in education with Class A certification for preschool through sixth grade, the Orlean Bullard Beeson School of Education and Professional Studies offers a fifth-year nontraditional graduate program in early childhood and elementary education. Detailed requirements are described in the Teacher Education section of this catalog.

The department also offers a minor in family studies.

Social Entrepreneurship and Non-Profit Management Minor (Brock School of Business)

While not a requirement for a family studies degree, some students may benefit from declaring a minor. There are numerous possibilities throughout the academic programs available at Samford. Many family studies majors are attracted to job opportunities available through non-profit and not-for-profit organizations. A family studies major, coupled with a minor in social entrepreneurship and non-profit management through the Brock School of Business, may increase job marketability. If interested, please refer to the Brock School of Business section of this catalog to review the requirements for the minor.